

**Table 7.6 Consequences of Sexual Assault for Adolescent Victims**

- Physical injuries in addition to the sexual assault itself (e.g., bruises, scratches, broken bones, head trauma, spinal cord injuries)
- Gynecological problems (e.g., sexually transmitted diseases, dysmenorrhea)
- Chronic headaches
- Gastrointestinal disorders
- Sleeping disorders (e.g., insomnia)
- Post-traumatic stress disorder (PTSD) symptoms
- Anxiety
- Hypervigilance
- Depression
- Substance use
- Suicidal ideation
- Sexual revictimization as an adult

**SOURCES:** Gidycz, Orchowski, King, & Rich, 2008; Martin, Macy, & Young, 2011; Ullman & Brecklin, 2002; Ullman & Najdowski, 2011.